GOD IS THE OCEAN AND YOU ARE THE WAVE

Picture the ocean as God. The wave that extends from the ocean is who you are, an extension of God. You and God are ONE.



You are joyous in the variety of expressions of wave action knowing that you are always in God's Embrace.



You as the wave know that you are an extension of God, but one day you choose to call yourself Water.



You as the wave have now expressed yourself in a very unique manner, unlike anything before. You are delighted knowing that you have now projected yourself into new forms of Water.



Fascinated with your own projections, you slowly begin to forget that you are the magnificent extension of the Ocean as the Wave, and believe your own creation/Illusion/projection of Evaporation.



You project that you are separating yourself from the water! You forget momentarily that this is only a dream, a false belief that parts of you are separate from God the Ocean.

With this false belief in separation you only see the heaviness of the clouds.



You and the many other parts of you, become so heavy that you begin to be pulled, not knowing that this pull is your very salvation!

To your great delight and Joy, you realize that letting go was much easier than hanging on.

In Truth, you are only "experiencing" your being in a form that will allow you the Ultimate Bliss of Unity when you finally remember who you truly are!

YOU remember as you gently merge with GOD the ocean once again that YOU are the ocean. How Divine!



Love is the "pull" that reminds us we are ONE!

Forgiveness is the "recognition" that we are ONE!

Gratitude is the "remembrance" that we are ONE!

Bliss is the knowing that there is no separation in anything much less the three above.

With Immense Love and Gratitude,



Grace Haeusler

The Energetic Forum